

CAN WE TALK?!

PARENT RESOURCES - PAGE 1

STAY CONNECTED

INSTAGRAM: @RIDGE_STUDENTMIN

FACEBOOK: @RIDGESTUDENTSBA

REMINDEXTXTS: TEXT @RIDGEMSM TO 81010 FOR MIDDLE SCHOOL UPDATES // TEXT @RIDGEHSM TO 81010 FOR HS UPDATES

Keep an eye on our Instagram and Facebook pages, and join our Remind Text Groups. We are working hard to encourage, challenge, & have fun with students every day. Use that content as a way to stay on the same page with other parents (and students). A few notes:

- You DO NOT have to have an Instagram account to view the content. If you'd like to "like" a post or interact by leaving a comment, then you will need an account.
- If you're not ready for your student to have access to social media (That's great--please don't rush it!), consider having a family account.

ZOOM HANGOUTS + STUDENT SMALL GROUPS

We have moved RSM to Online (In case you were unaware). On Sunday Nights and Wednesday Nights at 6:00 we are doing Zoom Hangouts. These Zoom calls allow kids to see each other face-to-face and even allows for interactions. Sunday Night and Wednesday Night will have 2 different feels to the Zoom Hangouts--Sunday's will have an actual service feel to it of a game, worship, lesson, & small group time with their leaders. Wednesday's will be more hangout and game oriented and end with a short devotion.

Wednesday Zoom Link: zoom.us/j/676420237

Sunday Zoom Link: zoom.us/j/737568992

CONVERSATION STARTERS

"HELPING FAMILIES CONNECT"



A RESOURCE BY:
LeaderTrekS
YOUTH MINISTRY

LeaderTrekS has produced a free PDF for families to use to get conversations started and help students/families connect over current events. The resource has three different activities:

- We Need Jesus - to help process daily news
- Effective Compassion - to talk about care/compassion
- Life Maps - to reflect on God's faithfulness over time

"CONVOS" APP



CIY has produced a brand new "Family Convos" that can be used to help a family connect during a time of social distancing. Students that have attended any CIY event in the past (SuperStart, Believe or MOVE) will be familiar with the app. There are a total of five highly interactive (and entertaining!) options.

- Search for "Convos" on any Apple or Android device.
- Use the code "Family" to access the content.



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ADDITIONAL RESOURCES

"UNDERSTANDING YOUR TEEN"

We bought a site license for any parent in our ministry and wanted to share this online course with you if you are interested. The 6 Sessions include: 1) Understanding Your Teenager, 2) Energizing Your Students Spiritual Journey, 3) Creating a media safe home, 4) Teaching healthy sexuality, & 6) Your Marriage in troubled teens

If you are interested, please email Ryan letting him know your email address and that you'd like you'd like access!!
rbennett@cedarridgecc.com



OTHER IDEAS

PRAYER

This a "student-y" way to structure daily prayer time. The goal is to include more than just "Hey God, I sort of need something from you right now...". Notice how you eventually do pray for "self" but only after you spend time acknowledging who God is and pray for others.

- T-hanksgiving
- A-doration
- C-onfession
- O-thers
- S-elf

You could even purchase your student a prayer journal to help them get in the habit/discipline of writing down their prayers. Here are a few suggestions for physical notebooks that might help a students get engaged in this daily discipline:

- Field Notes - undisputed in the "cool factor" field for pocket-sized journals
- Rite in the Rain - virtually indestructible option that looks rugged and outdoorsy... because they are!

OTHER IDEAS CONTINUED

YOU VERSION READING PLANS

YouVersion is the "go to" Bible app for most Students. This app features a very intuitive and engaging feature "Reading Plan" feature with options that last anywhere from a few days to a full year!



- Search for "YouVersion" on any Apple or Android device.
- If you're looking for a familiar translation, use New International Version (NIV) or NLT.

THE BIBLE PROJECT & RIGHTNOW MEDIA STUDIES

BibleProject is a nonprofit animation studio that produces short-form, fully animated Bible videos and other Bible resources to make the biblical story accessible to everyone, everywhere. We create 100% free Bible videos, podcasts, and Bible resources to help people experience the story of the Bible.



- To access go to: <https://bibleproject.com/>
- Or go to Youtube.com and search Bible Project

rightnow MEDIA

Cedar Ridge has access to thousands of streaming Bible studies, short films and other digital content from RightNow Media (They call themselves the Netflix of Bible Studies).

- To register go to: <https://cedarridge.church/rightnow-media/>
- Search for "RightNow Media" on any Apple or Android device and login using your unique username/password.
- You can also stream on Roku, FireTV and AppleTV.

